

4-H Family Newsletter – October 2019

Dear 4-H Youth, Families, and Volunteers,

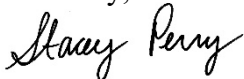
I hope each of you had experienced a memorable 2019 Ridin', Rockin', and Livestockin' Williams County fair! Thank you to the club advisers, parents, guardians, family members, Senior Fairboard, Junior Fairboard, 4-H Advisory Council, and Endowment Committee for your help in making the 2019 fair another year of learning experiences and growing opportunities!

4-H'ers, if you haven't already, be sure to thank your club advisers, parents, livestock sale buyers, and any other person(s) who helped you throughout the year with your project! A simple, "thank you" often times means a lot to those who have invested in you and your project!

Preparations are already underway for 2020 and your help is needed in completing another year-end evaluation! Your constructive feedback is vital in helping me set goals for this upcoming year as we strive to improve the 4-H program.

If your email address or mailing address has recently changed, please be sure to contact the Extension office to get those items updated so that you continue receiving 4-H news from us.

Sincerely,



Stacey M. Perry
OSU Extension Educator
4-H Youth Development

Follow us on Facebook for up-to-the minute updates!

www.facebook.com/will4h

Ohio State University Extension

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<http://williams.osu.edu>

Facebook:

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Office Hours

Monday-Friday

8:00 am – 4:30 pm

Office Holidays

November 11: Closed

November 28-29: Closed



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AND ENVIRONMENTAL SCIENCES



williams.osu.edu

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County Updates

SAVE THE DATE: Fall Recognition Event

Advisory Council is resuming the Fall Recognition Event which will be held at the Gillette Building on the Williams County Fairgrounds on Sunday, October 27th from 5pm-6pm. There will be a taco/nacho bar for dinner and we will be recognizing our 4-H members and volunteers during this time and celebrating their accomplishments. Please call the Extension office by October 18 to RSVP for the Fall Banquet. Advisors, your Club Year End Packets will be ready at this event. This will include your club's premium check, pins, forms, etc.

4-H 2019 Survey

As the 2019 4-H year winds down and preparations begin for 2020, your participation is requested in completing a survey to help evaluate where we are as a 4-H youth development program. Effective programs are intentional about creating a culture of assessment. The results of this survey will help to serve as a baseline of where we are.

Some things to mention about the survey:

1. This survey is anonymous, so please feel free to be honest in your assessment, though please be tactful and helpful, listing possible solutions if you feel something could be improved.
2. This survey should take around 10 minutes to complete depending on the length of your responses.
3. If you do not have particular thoughts on certain aspects of the program feel free to check the Not Applicable option.

Click on the following link: <https://go.osu.edu/williams2019survey> This survey will be live until November 1, 2019.

Member Premiums

All members exhibiting in the 2019 Williams County Jr. Fair receive premiums. These premiums are dispersed to each 4-H club advisor. Please be sure to catch up with your advisor to collect your premiums later this fall. Advisors may pick-up club packets at the Fall Recognition Event on Sunday, October 27th.

2020 Achievement Records

The 2019 Achievement Record Application is due **Friday, January 3** to the Extension office. Follow this link to begin working on your application. <https://ohio4h.org/awardsandscholarships>. Need help with completing your Achievement Record? Save the Date: **Achievement Record Workshop Monday, December 23 10am @ Extension Office**

2020 Camp Counselor Applications—Due in December 2019!

Camp Counselor application will be available online beginning on October 15. Be sure to watch your email and our social media page for the online link with more information. **Deadline to complete the application will be Friday, December 6, 2019.**

Advisory Council Elections

4-H Advisory Council assists with planning and implementing all 4-H programming including but not limited to project workshops, Chicken BBQ, Camp, project judging, and recognition events. The Council meets monthly (usually the 2nd Tuesday of each month) throughout the year. As a member of this council, you will be expected to help at scheduled events and attend meetings.

4-H Council adult membership is a 3-year term and is open to any adult 18 years and older not currently enrolled in 4-H and residing in Williams County or adjacent county. Elected adults must complete the 4-H volunteer process to include fingerprinting.

Youth membership is open to any current 4-H member in 9-12 grade of Jan. 1 of the coming year. Youth serve a one-year term, but can reapply if interested. Contact the OSU Extension Office by Friday, Oct. 11 if you are interested in running for a position. 419-636-5608. Advisory Council Elections will occur at the Fall Recognition Event.

Open Positions Include:

Adult (3 year term)

At Large, Madison Township, Edon School, Center Township, Stryker School, Jefferson Township, Millcreek Township

Youth Positions (1-year term)

At Large, Bryan, Edgerton, Edon, Montpelier, North Central, Stryker, West Unity

Beef DNA 2020 & Ohio State Fair

The Ohio State Fair requires all market beef entered in the 2020 Ohio State Fair to have individual DNA samples taken from each animal that may potentially be entered. These DNA samples must be in the possession of the Ohio State Fair by January 15.

Please contact the Extension Office no later than November 15th if you wish to receive one of these kits. Instructions for using these kits can be found at: <https://williams.osu.edu/projects>

Also note that youth showing at any of the BEST sanctioned shows must have EID tags in their calves prior to the first show in which they exhibit. BEST shows prior to the January 15 deadline to submit samples to OSF include Heart of It All, AGR Holiday Classic, and Scarlet & Gray Midwest Showdown.

Endowment Fundraiser-Auction Items Needed

The Williams County Fair Foundation is sponsoring a fundraiser on Saturday, March 7, 2020 at the Gillette Building on the Williams County Fairgrounds. Proceeds will go towards Williams County 4-H Endowment for 4-H scholarships.

We need clubs, individuals and community businesses who are willing to donate items for the auction. If your club will not meet in 2020 prior to March 7th, please consider adding this request to your final agenda items as you wrap up the 2019 4-H year. Please contact the Extension office to notify us of what item(s) your club plans to donate to this worthwhile cause!

Volunteer Updates

More Volunteers Needed!

Are you good with youth? Are you good with organizational/administrative tasks? Would you like to help out without being the head club advisor? If so, a few clubs have mentioned that they could use some additional help with behind the scenes tasks. Please reach out to the Extension office or your own club advisors to see if they could use some help to make things run a bit more smoothly for this upcoming year.

If you are planning to become an official volunteer with the Williams County 4-H program, contact the Extension Office for an application. The on-boarding process includes completing a volunteer application (along with three references), an interview and a background check. The deadline to become a volunteer for 2020 is January 15th.

Finger Prints

All volunteers that are required to complete their fingerprint for the 2020 4-H year will be notified via the postal service. If you are one of these volunteers, please be sure to complete the process by December 31, 2019.

CFAESWilliams County

OHIO STATE UNIVERSITY EXTENSION PRESENTS

STEM DAY
SATURDAY NOVEMBER 16
9 AM – 12 PM

A LEGO Mindstorms robot, specifically a Technic-based model with a grey body, black wheels, and various colored connectors (yellow, blue, red). It has a small sensor or camera module on top.

Enjoy a fun-filled morning of Science, Technology, Engineering, and Math (STEM) activities – including **robotics** and **drones**! Open to all skill levels.

Location: Northwest State Community College, Atrium ?
22600 State Route 34, Archbold

Registration: Please call 419-636-5608 by **November 13th**

Details: 6th – 9th grade

Cost: \$10

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Northwest State
Community College

CELEBRATE 4-H CAMP PALMER

4-H Camp Palmer, 26450 County Road MN, Fayette, OH 43521 (419-237-2247)

Website: WWW.CAMPPALMER.ORG / Email: 4hcamppalmer@gmail.com

SUNDAY, OCTOBER 6TH

11:30AM - 3:30PM



**Vendors & Crafters
in the Woodland**

FREE ACTIVITIES INCLUDE

Zipline, Archery, Climbing Wall, Rifle,
Flying Squirrel, Nature Center, Wagon
Rides, Canoeing and Carnival Games

Open to the public



Free-will offering lunch 11:30am-2:00pm

SnapEd Snippets with Becky McGuire OSU Extension

Our featured recipe for this "back to school"/"post-fair" season was selected because of the ingredients and preparation efficiency.

This recipe can be a very easy dinner after game nights. It is a great way to use fresh sausage/beef (from fair endeavors) and incorporates vegetables in a tasty fashion. Onions and bell peppers can also be found in your garden or at the farmer's market as well. Feel free to skip the garlic and ginger and just add a mixed seasoning blend to make it even easier.

Brown the meat, add some onion and red pepper, stir in soy sauce (low-salt is best), spices and pre-shredded coleslaw mix; stir/warm for 5-7 minutes, top with chow mein noodles and serve!



Egg Roll in a Bowl

Servings 4 | Prep time 10 mins. | Total time 25 mins.

Equipment: Cutting board, Measuring spoons,
Large skillet/non-stick pan
Utensils: Knife, Spatula or wooden spoon

Ingredients

1 pound lean ground meat (pork, turkey,
chicken, or beef)
2 tablespoons sesame oil OR olive oil
1 onion diced into ¼-inch pieces
1 bell pepper, thinly sliced into ¼-inch pieces
(red, yellow, or green)
2 cloves garlic, minced
1 teaspoon ground ginger (optional)
1/3 cup low-sodium soy sauce
1 16 ounce bag coleslaw mix OR 4 cups fresh
green cabbage, finely sliced
1 carrot, finely grated

Optional toppings:
Sriracha hot sauce, green onions, sesame seeds,
chow mein noodles

Instructions

1. Before you begin, wash your hands, surfaces, utensils, and produce.
2. In a large skillet over medium-high heat, add ground meat to pan. Using a wooden spoon or spatula, break meat into small pieces. Cook meat thoroughly and until no pink remains. (If needed, drain and discard cooking liquid)
3. To same skillet add onion, and bell pepper; continue cooking, stirring frequently, until vegetables begin to soften, about 5 minutes.
4. Add oil, garlic, ginger (if using), soy sauce, coleslaw mix, and carrots to the skillet. Continue to cook for 5-7 minutes, stirring consistently.
5. Remove from heat, divide among four bowls and add toppings.