

WHERE DO I START?

With many opportunities available for teens, it's important to know where to start. Your first step should be to **contact your county 4-H professional**.

For more detailed information about each of these opportunities check out the Ohio 4-H Teen Opportunities Table at go.osu.edu/Ohio4HTeenTable



Ohio 4-H Youth Development

2201 Fred Taylor Drive
Columbus, OH 43210
Phone: 614-292-4444
Fax: 614-292-5937
ohio4h.org

Content originally developed by K. Bruynis, T. Horvath, J. Rockey, J. Williams
Adapted from J. Hoyt, 2014
Revised and Edited by H.K. Epley, S. Longo, K. Oberstadt
Last Updated by S. Longo, 10/2020

CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information, visit cfaesdiversity.osu.edu. For an accessible format of this publication, visit cfaes.osu.edu/accessibility.

CFAES

OHIO STATE UNIVERSITY EXTENSION

Ohio 4-H Opportunities for Teens



WHAT OPPORTUNITIES ARE AVAILABLE TO YOU?

Ohio 4-H offers a wide variety of opportunities for teens to develop knowledge, skills, attitudes, and aspirations needed for success. Opportunities for teens begin at the local 4-H club level and expand to the county, state, national, and international levels through various awards, boards, travel experiences, and camping opportunities.

COUNTY LEVEL

- 4-H Camp Counselor
- County Junior Fair Board Member
- CARTEENS
- Food and Fashion Board
- Junior Leaders

Contact your county 4-H professional for more information about county level opportunities!



THE OHIO STATE UNIVERSITY
COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES



OHIO ACHIEVEMENT RECORD

By annually completing and submitting your Ohio 4-H Achievement Record, you are eligible to be selected for these opportunities. For more information visit: go.osu.edu/4-hachievement

- **State 4-H Achievement Awards & National 4-H Congress**
 - 27 Award recipients receive a trip to National 4-H Congress in Atlanta, Georgia held in November each year
- **National Dairy Conference**
 - Two winners are selected annually to attend this conference in fall in Madison, Wisconsin
- **Ohio State Fair Junior Fair Board**
 - Represent Ohio 4-H during the action-packed 12 days of the Ohio State Fair (2-year term)
- **Ohio Township Association 4-H Local Government Award**
 - For seniors who have participated in local government activities

STATE CAMP OPPORTUNITIES

- **Leadership Camp**
 - Held each year in June; 4-H Camp Ohio; ages 14-18
 - go.osu.edu/leadershipcamp
- **Sea Camp**
 - Held each year in July; Kelleys Island 4-H Camp; ages 15-17
 - go.osu.edu/seacamp
- **Ohio Military Kids Camp Counselor**
 - Held each year in August; Kelley Island 4-H Camp; ages 15+
 - go.osu.edu/OMK
- **Shooting Sports Education Camp**
 - Junior and Senior Camp held each summer; Canter's Cave 4-H Camp
 - go.osu.edu/ssedcamp
- **Carving New Ideas**
 - Hosted by Collegiate 4-H and held each fall; 4-H Camp Ohio; grades 8-12
 - go.osu.edu/4-HCNI



STATE BOARDS AND COUNCILS

Each of the opportunities below require separate applications and vary in their time commitment and requirements:

- **Ohio 4-H Health Heroes**
 - Teen advocate of Ohio 4-H Healthy Living program
 - One year term (may renew for additional years); grades 9-12
 - ohio4h.org/healthheroes
- **State 4-H Fashion Board**
 - Promote Ohio 4-H clothing program and assist at the Ohio State Fair Fashion Revue
 - One year term; preference to teens ages 14+
 - go.osu.edu/statefashionboard
- **4-H Educational Youth Assistants**
 - Assist and represent Ohio 4-H at Ohio State Fair events; ages 13-18
 - go.osu.edu/4HEYA
- **Teen Leadership Council**
 - Statewide group of 4-H teens that provide a youth stakeholder perspective for Ohio 4-H while developing skills for future success
 - One year term (may renew for additional years); ages 14-18
 - go.osu.edu/TLC
- **Film Crew**
 - Program for youth interested in video and filmmaking; will create and share stories about 4-H in Ohio
 - One year term; grades 7-12

EDUCATIONAL EXPERIENCES

- **Ohio 4-H Conference**
 - Day-long conference designed to engage teens in educational sessions pertaining to leadership, 4-H opportunities, and current events
 - Held annually in Columbus (virtually in 2021); ages 13+
 - go.osu.edu/O4HC
- **Ohio Youth Capital Challenge**
 - Learn how to make a difference through public policy and action
 - Hosted each spring/summer; ages 14-18 and grades 9-12
- **Buckeye Leadership Workshop**
 - This 5 day event focuses on experiential learning through recreation to learn, share, and grow
 - Held annually in March in central Ohio; ages 14+, will next be held in March 2022
 - buckeyeleadership.com
- **Citizenship Washington Focus**
 - Held in Washington, D.C (virtually in 2021), this one-week experience develops students communication, leadership, and citizenship skills.
 - Ohio sends two delegations in June/July each year; ages 14-19
 - go.osu.edu/CWF
- **Leadership Washington Focus**
 - Leadership development experience designed exclusively for 4-H youth held in Washington, D.C. (virtually in 2021)
 - Ohio sends one delegation in July each year; grades 7-9
 - go.osu.edu/LWF
- **International Program**
 - Many international trip opportunities for varying amounts of time are available each year for teens to immerse themselves in a new culture
 - go.osu.edu/4Hinternational